



## WELCOME TO Maryland Recovery

Maryland Recovery offers a Partial Hospitalization Program for alcoholism and substance use disorders. We are located in the beautiful town of Bel Air, MD.

*Our philosophy is simple and effective. We believe that time, developing healthy life skills and a structured program lead to change in thinking and behavior. We understand that whatever your particular challenges are they didn't develop overnight. There are reasons for your present situation that may have been building over many years.*

*The behaviors and attitudes that have pushed you to seek help must be modified over time as well.*

At Maryland Recovery we are committed to taking that journey with you to ensure that you overcome the obstacles that currently keep you from enjoying life to its fullest potential. Our clinical team will be with you every step of the way to help you identify the causes and develop strategies that will empower you and facilitate real and lasting changes.

# An Affordable Choice for Alcohol & Substance Use Disorder Treatment

## OUTPATIENT PROGRAM

### FEATURING A RESIDENTIAL COMPONENT

Our program is Joint Commission accredited and licensed by the State of Maryland. We offer a unique approach to treatment, by combining the structured environment of an inpatient facility with the independence of an outpatient program. Our model of care is anchored in utilizing community as a healing agent and many of the areas we address are listed below.

- Sponsorship, home group, step work
- Managing finances and maintaining healthy relationships with family
- Spirituality, anger management, co-dependency
- Healthy problem solving techniques
- Working through legal difficulties
- Court representation and reporting
- Case Management/Continuing Care Coordination

## CLINICAL TEAM

Our clinical team includes a Medical Director, Nurse Practitioner Board Certified in Addiction Medicine, Behavioral Health and Primary Care, Nurse, Licensed Social Workers, Certified Counselors, Life Skills Coaches, Peer Recovery Advocates, Support Staff, and a list of talented educators each with their own unique approach to teaching.

## APPROVED HOUSING PROVIDERS

Our homes are nicely appointed to ensure the comfort of each resident.

It makes the transition from home to treatment easier and fosters a sense of family and community. We believe in early recovery, a person should never have to worry about the environment they are living in.



*Our program provides the recovering individual with a task-oriented day that includes counseling, groups, community time, assignments, pro-social activities, 12-step meetings and sponsorship. You're held accountable for your actions and are given encouragement to do the "next right thing."*

## OUR CLINICAL SERVICES

Our commitment to incorporate the highest standards of care and our dedicated staff work hard to ensure the best treatment experience possible in all aspects of your care. These services may include but are not limited to:

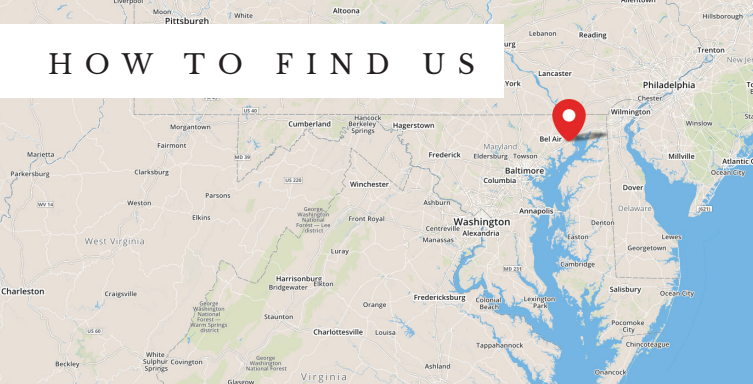
- Individual and group counseling
- Relapse prevention strategies
- Life skills coaching
- Yoga, Aromatherapy, and meditation sessions
- Trauma informed care
- Auricular Acupuncture
- Building a strong and durable 12 step recovery program
- Medication management for co-occurring disorder
- Music/Art Therapy
- Counseling and Dual Diagnosis Services (by Partners)
- Detoxification Program (by Partners)
- Employment preparation and referrals

*Together we can achieve anything...  
Recovery begins when you make that first call:*

**(877) 762-3766**



## HOW TO FIND US



### Bel Air, Maryland 21014

Bel Air provides a wonderful setting with a wealth of resources for the recovering person. The community is supportive of our clients and a number of the small businesses in town provide job opportunities. Clients attend 12 step meetings within the

Bel Air Community.

**1 (877) 762-3766**

[info@marylandrecovery.com](mailto:info@marylandrecovery.com)

[marylandrecovery.com](http://marylandrecovery.com)

## ADMISSIONS

Prior to admission we require an assessment that can be done over the telephone. Each person accepted into the program must be medically stable. Should you need detoxification we will refer you directly to one of our medical detox partners.

Upon arrival we provide a comprehensive assessment to make sure each person is appropriate for our level of care. We are in network with most Health Insurance companies and it is likely they will cover part or all of your clinical treatment. A cornerstone of the Maryland Recovery model is sober housing with approved housing providers combined with Outpatient services.

There is a separate fee for the approved housing component not covered by insurance. There are financial hardship programs available for all clients. All financial arrangements must be made prior to admission.

**Maryland**  
RECOVERY

*Affordable Real Life Treatment*  
FOR ADULT MEN AND WOMEN

**Maryland**  
RECOVERY

**1 (877) 762-3766**

21 West Courtland Street  
Bel Air, Maryland 21014

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